HEALING QUESTIONNAIRE

NAME: ______________________________________        DATE: ___________________

Healing can occur in many forms and at various levels. The following statements are intended to measure any kind of healing that you have experienced. Circle the response that best describes your level of healing in each category at the present time. Also, rank order the types of healing by indicating which is most important to you at this time (1 - 6 with 1 being the most important).

_____ CURE: I feel that I am cured or am being cured of my illness.

STRONGLY DISAGREE                         DISAGREE                      UNSURE                        AGREE                        STRONGLY AGREE

_____ CARE: I am better able to manage the magnitude or consequences of the illness. In other words, the symptoms of the disease have decreased to some degree resulting in less pain, discomfort or inconvenience.

STRONGLY DISAGREE                         DISAGREE                      UNSURE                        AGREE                        STRONGLY AGREE

_____ QUALITY OF LIFE: I feel that the quality of my life has increased and that I am better able to go places and do things as I wish.

STRONGLY DISAGREE                         DISAGREE                      UNSURE                        AGREE                        STRONGLY AGREE

_____ EMPOWERMENT: I have a better understanding of the meaning of the experience of illness and the skills for coping with it. I am more able to take care of myself, be helpful to others, and make a contribution to making the world a better place to live.

STRONGLY DISAGREE                         DISAGREE                      UNSURE                        AGREE                        STRONGLY AGREE

_____ ENLIGHTENMENT: I have a greater realization of the value and purpose of life as it is.

STRONGLY DISAGREE                         DISAGREE                      UNSURE                        AGREE                        STRONGLY AGREE

_____ SOUL DEVELOPMENT: I am more aware of myself as a soul making my way through eternity, finding my way back to my Source.

STRONGLY DISAGREE                         DISAGREE                      UNSURE                        AGREE                        STRONGLY AGREE